



Sacred Sacral Mandala

Part II

Directions

1. Smudge your altar
2. Gather your small beans, smudge and have them near by
3. Have your journal and your Sacred Sacral Timeline and your Sacred Sacral Maps at hand

Ceremony Part II

1. Light a candle
2. Smudge yourself
3. Call in the four directions and heaven and earth
4. Open up your Wirracocha
5. Set the intention to bring healing to your womb space
6. Take your stick and open the circle in the sand/salt at the south direction

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7. Place a bean within the mandala representing any observations of your womb space.

I.E. If you noticed a pain near your left ovary place a bean here.

If you noticed some discomfort around the uterus place a bean here.

Anywhere you documented an imbalance place a bean in this place. This helps us bring the Sacral space in front of us to witness the areas that are unseen and imbalanced in some way.

8. If you were needing to do a spirit body fallopian tube retrieval, bring in the representation of that into your mandala at this time.

9. Over the next week map your womb space daily or every other day and make the necessary changes to your mandala in ceremony by removing or adding beans for the imbalances that show up.

10. Check with the guides if anything else needs to be added or removed.

11. Close your circle around your mandala once you are finished.

12. Close your Wirracocha

13. Thank your guides

14. Blow out your candle